



## Entry Requirements and Admissions Procedure for The Diploma Course

The course is aimed at those with experience in core professions, as well as at those outside these fields, but who have had relevant personal experience, and who can demonstrate an interest and competency. Entry requirements are:

- A University Degree or equivalent qualification. This would include the Dip.SW (CQSW) or RMN in appropriate cases.
- Experience in core professions, e.g. counselling, social work, health professions, psychiatry, nursing, medicine, teaching, youth/community work
- Appropriate and relevant experience from other fields. Those applicants without experience in the core professions may be asked to complete a period of clinical work experience.
- At least one year in twice-weekly individual psychoanalytic psychotherapy with an approved psychotherapist prior to beginning the course, though not necessarily immediately prior to applying.
- An ability to demonstrate an interest in the field of psychotherapy.
- Demonstration of the personal maturity, stability, and flexibility, required for the rigours of a psychotherapy training.
- Competency in English

Entry requirements may be interpreted flexibly, so that if an applicant is considered suitable in most respects, one of the requirements might be slightly amended. As a general principle, applicants will be considered for training from the age of 30. There is no formal upper age limit.

### Accreditation for Prior Learning. (APL)

Applicants with qualifications in a closely related field, e.g. psychodynamic counselling, may be eligible for APL. Enquiries should be made to either the Director of Clinical Studies or the Director of Academic Studies. Successful applicants will be offered a place in Year 2.

### Course Requirements

The following are the mandatory requirements for the clinical course to obtain the Diploma in Psychotherapy and/or Membership of IPSS and eligibility for inclusion on the UKCP Register of Psychotherapists.



## Part-Time Diploma in Psychoanalytic Psychotherapy

Trainees are required to attend the four years of lectures and seminars, and to complete all the course requirements. Assessment for the Diploma is carried out within IPSS and the course is designed for trainees to attend the four years sequentially. Our structure does, however, allow some flexibility in individual cases at the discretion of the Training Committee.

**Modular structure:** 8 modules (six academic plus two clinical modules).

**Attendance:** Thirty weeks per year (three ten-week terms).  
Tuesdays from 5pm – 8.50 pm. plus three Saturdays per year.  
An attendance of 80% is required.

The Course encompasses three core aspects:

Psychoanalytic Theory Seminars -	Modules 1, 2 and 3
Clinical Seminar	- Module 4
Social Critique	- Module 5/6 doubly-weighted

plus the following:

The Process Group	
The Saturday Forum	- Module 7/8
Supervision	- Module 7/8

The Psychoanalytic Theory seminars, the Clinical Seminar and the Social Critique Seminar are shared by all year groups. The Clinical Seminar is a cumulative module requiring attendance in Year 1 with an oral presentation in Year 2 and an essay in Year 3.

The Social Critique Seminar is a doubly weighted module, requiring attendance in Year 1 and two oral presentations and two essays in Year 2 and 3.

Modules 7/8 encompass supervision, attendance at the Saturday Forum, clinical work with training patients, written and oral presentations of work-in progress, case study and dissertation. Work-in progress and case study are presented in the Clinical Seminar. The dissertation is presented in the Saturday Forum.

We suggest that trainees would need to allow some six to eight hours per week for reading and personal study.

### Closing Date

There is no closing date for applications for courses commencing in October, though early application is desirable.



## The Application Process

A detailed application is filled out and the names of two referees are provided. If an applicant meets the above requirements and references are approved, they are invited to two separate interviews with two different members of the Training Committee. Their decision is final. Two further criteria for successful applicants are the acceptance of the Institute's Code of Ethics and Code of Practice and the applicant's acceptance of the Terms and Conditions of the course as detailed in the Training Contract.

## Application Fees

The fee for the application process 2010 - 2011 is £80.00. This fee is payable at the time of application and covers the costs of registration. It is non-refundable except in the case where applicants are not called for interview.

## The Cost of the Diploma Course

### Years 1, 2 and 3:

**Diploma Fee** £3250 per year.

Diploma fee covers all tuition, lectures, seminars, essay marking, personal and academic tutorials.

**Supervision and Personal Therapy Fees** are paid by you direct to your Supervisor/Analyst at £40-£45 per session. There are 36 supervisions in each of years 2 and 3.

### Year 4:

**Diploma Fee** £631

Diploma fee covers tuition through academic/clinical seminars including the mandatory Saturday Forums, personal and academic tutorials.

**Supervision and Personal Therapy Fees** are paid by you direct to your Supervisor/Analyst at £40-£45 per session. There are 36 supervisions in year 4.

### Years 5, 6 and 7:

Administrative fee of £50. We attempt to keep annual raising of fees to a minimum but it should be noted that fees are set for one year only, and may rise each year. Due notice will be given. Fees are payable either before the beginning of the year, or before the beginning of each term. Fees paid termly will incur a small surcharge. Trainees' liability for fees for the course are as stated in the Trainee Declaration which is signed by all incoming students.

If you wish to apply, please complete the application form below enclosing a cheque for £80 and send it to

Diploma Course Training Co-ordinator, IPSS, Endeavour House, 11 Genotin Terrace, Enfield EN1 2AF.

Please note that the training takes place at the London Metropolitan University, nearest Tube Aldgate East.





# Institute of Psychotherapy and Social Studies

Contextualising psychoanalytic psychotherapy within contemporary cultures, languages and social identities

Professional Qualifications: (Please give details including professional bodies and dates)

Previous work experience:

Other relevant experience: (work in the core professions, voluntary work, 'gap years', etc.)

Details of personal psychotherapy:

Current therapist.....

Registering body.....

Membership Number..... Date of qualifying.....

How long have you been in therapy twice weekly with this therapist?.....

Please outline previous period/s of psychotherapy. If you are not currently in twice-weekly psychoanalytic psychotherapy with an approved psychotherapist, please give details of type of therapy, frequency, duration and dates



# Institute of Psychotherapy and Social Studies

Contextualising psychoanalytic psychotherapy within contemporary cultures, languages and social identities

Names and addresses of two referees, stating the capacity in which you are known to them. Full references will be taken up prior to interviews.

Please state how you learned of IPSS training courses:

Reasons for applying to IPSS: (Using a continuation sheet, write some 500 - 1,000 words about yourself, and your reasons for wishing to train as a psychotherapist with IPSS. It is useful for the Training Committee, when reading the application forms, to have a sense of your current personal circumstances, e.g. whether you are in a relationship, have children, etc. All information will be treated as confidential).

Declaration: I have read the Terms and Conditions of the course as outlined in the Prospectus and Entry Requirement and Admissions Procedure document. Should I be accepted as a trainee on an IPSS course I agree to abide by the conditions therein.

Signature:

Date:

Now enclose this form with a cheque for £80 made out to IPSS Diploma Account, and send it to

Diploma Course Training Co-ordinator, IPSS, Endeavour House, 11 Genotin Terrace, Enfield EN1 2AF.

*There is no closing date for applications for courses commencing in October,  
although early application is desirable.*